



Be Different, Be YOU

Creating Your Powerful Self: The Breakthrough of YOU!

Following the Great Success of this workshop given in January, April and June 2008, we are happy to share with you another opportunity to benefit from this value-added-to-your-life workshop! Visit our web site for some testimonials!

This one day workshop will change the way you see and live your life. Give yourself permission to embrace a day that is ALL FOR YOU and all about you!

Join coach Patrick Rhein, co-author of *Be Different, Be YOU!*, for a day of inspiration, self-discovery, and enlightenment so that you can create the life of your dreams and actually believe they will come true.

Through a cocktail of unique experiential exercises, in this jam-packed, all day you will:

- Complete a values-discovery exercise which will provide a compass for your life's decisions,
- Understand where you are so you can better design a road map to the real YOU,
- Go from your head to your heart by using all your senses and discovering your "pleasure-meter",
- Clearly visualize the life that you want, despite the obstacles that seem too big and fearful to overcome.

Completing this workshop will leave you feeling:

- Equipped with new tools for overcoming your fears and living to your full potential
- A high level of personal vibration so you can attract the life you have designed
- More confident and secure in your own skin
- That you WILL achieve extraordinary results in all areas of your life

Details of the workshop are as follows:

- **Saturday, November 21, 2009**
- 9am – 5pm (Lunch included)
- **Location:** Hilton Garden Inn Toronto City Center
200 Dundas St East / Jarvis, Toronto, Ontario, Canada M5A 4R6
- **Investment:** Only \$179. Special price if you bring a friend - \$150.

To register, contact 416 919 8466 or email team@bedifferentbeyou.com.
Limited space - reserve your spot now!!