



Be Different, Be YOU

Creating Your Powerful Self: The Breakthrough of YOU

This one day workshop will change the way you see and live your life. Give yourself permission to embrace a day that's ALL FOR YOU and all about you!

Join coaches Patrick Rhein and Yvonne Attard, co-authors of *Be Different, Be YOU!*, for a day of inspiration, self-discovery and enlightenment so you can create the life of your dreams and actually believe they will come true.

Through a cocktail of unique experiential exercises, this jam-packed, full day workshop will have you:

- Complete a values-discovery exercise in order for you to have a compass for your life's decisions,
- Understand where you are at so you can better design a road map to the real YOU,
- Go from your head to your heart by using all your senses and discovering your "pleasure-meter",
- Clearly visualize the life that you want, despite the obstacles that seem too big and fearful to overcome.

Completing this workshop will leave you feeling...

- Equipped with new tools for overcoming your fears and living your full potential
- At a high personal vibration so you can attract the life you have designed
- More confident and secure in your own skin
- A strong belief that you WILL achieve extraordinary results in all areas of your life

Details of the workshop are as follows:

- **Saturday, November 17th**
- 9am – 4pm (all morning and afternoon snacks and beverages included. Lunch is NOT included.)
- **Location:** The Waveroom, 67 Lakeshore Road East, Mississauga (Port Credit), L5G 1C9
- **Price:** Only \$179. Special price if you bring a friend - \$150.

To register, contact 416 919 8466 or email info@bedifferentbeyou.com.

Limited only to 15 people- reserve your space now!!

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P.O. Box 48071, Mississauga, ON. Canada L5A 4G8

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